

ARMY COLLEGE OF MEDICAL SCIENCES
WEEKLY TRG PROGRAMME: MBBS- 3rd PROF PART - II (2021 BATCH)
(17 MAR 2025 TO 28 FEB 2026)

Day & Date	Time					
	0830h – 0930h	0930h- 1030h	1030h-1330h	1330h-1400h	1400h-1500h	1500h-1600h
Monday 23 Feb 2026	Obst & Gynae Self Directed Learning (SDL) (Dr Aditi)	Pediatrics Test 7 (Dr Milind R . Shinde)	Clinics As per Clinical Roster	LUNCH	Surgery Management of chronic pain. (SU.11.5) (Dr Sachin Choudhary)	Surgery Principles of safe general surgery. (SU.11.6) (Dr Sachin Choudhary)
Tuesday 24 Feb 2026	Obst & Gynae Self Directed Learning (SDL) (Dr Pooja)	Medicine SDL(ONCO) (Dr Charu Mohan)	-do-		Surgery Malnutrition in the surgical Patient. (SU.12.1,2) (Dr (Lt Col) M M Ram Shankar)	Orthopadeics SDL (Dr. Parikshat Gopal)
Wednesday 25 Feb 2026	Obst & Gynae Self Directed Learning (SDL) (Dr Aditi)	ENT Revision (Dr Ashwani Sethi)	-do-		Surgery Special Classes.	
Thursday 26 Feb 2026	Surgery Nutritional support and their complications. (SU.12.3) (Dr Charu Kant Singh)	Medicine SDL(HEMAT) (Dr Charu Mohan)	-do-		Obst & Gynae Self Directed Learning (SDL) (Dr Aditi)	Medicine SDL(NEURO) (Dr Sumit Arora)
Friday 27 Feb 2026	} REFER OUR ION NO 2647/TRG/ACMS DT 04 FEB 2026- (PRE PROF EXAMINATION)					
Saturday 28 Feb 2026						

Case File: 2629/Trg/ACMS

Dated 21 Feb 2026

Distr:-

Dean's Office - For info.

Department of Obst & Gynae, Dept of Surgery, Dept of Medicine, Dept of Obst & Gynae, Dept of Orthopaedics, Dept of Paediatrics, Dept of EYE, Dept of ENT, Dept of Anesthetic, Dept of Radiology, Hippocrates Hall.


 (Dr Jesy Varghese)
 Wg Cdr (Retd)
 OIC Academics & Trg

RMY COLLEGE OF MEDICAL SCIENCES
WEEKLY TRG PROGRAMME: MBBS- 3rd PROF PART II (2022 BATCH)
(14 JAN 2026 TO 16 FEB 2027)

Day & Date	Time					
	0830h – 0930h	0930 h- 1030h	1030h-1330h	1330h-1400h	1400h- 1500h	1500h- 1600h
Monday 23 Feb 2026	Obst & Gynae OG 14.5 Define cord Prolapse and difference between cord Prolapse and cord presentation. Describe the complications of cord Prolapse. Enumerate the causes & describe the management of cord Prolapse. (Lt Col JK Biswas)	Paediatrics PE 30.14 Discuss the etio-pathogenesis, clinical features and management of Duchene muscular dystrophy. (Dr Milind R . Shinde)	Clinics As per Clinical Roster	LUNCH	Surgery Cutaneous and subcutaneous infections. (SU17.9,10,18.1) (Dr (Lt Col) M M Ram Shankar) (Retd)	Radiology. Common radiological emergency diagnosis MBBS graduate should know. (Col Saikat Bhattacharjee)
Tuesday 24 Feb 2026	Obst & Gynae OG 14.7 Define, classify and describe the aetiology, pathogenesis, clinical features, ultrasonography, differential diagnosis and management of antepartum haemorrhage in pregnancy-1. (Dr SK Gulati)	Medicine Myasthenia Gravis (Dr Charu Mohan)	-do-		Surgery Skin tumors. (SU18.2,3) (Dr Sachin Choudhary)	Orthopaedics (OR-4.1) Describe and discuss the clinical features, Investigation and principles of management of Tuberculosis affecting major joints of spine . (Dr. Parikshat Gopal)
Wednesday 25 Feb 2026	Obst & Gynae OG 15.6 Breech presentation – Varieties, Aetiology, diagnosis , Mechanism of labour, complications Management of breech delivery including external cephalic version-2 (Dr Pooja)	Ophthalmology Cavernes Sinus thrombosis (OP 2.5) BLOW-out of fracture. (Dr Neha Goel)	-do-		AS REQUIRED	
Thursday 26 Feb 2026	Surgery Cleft lip and palate. (SU19.1,2) (Dr Amit Sharma & Dr (Lt Col) M M Ram Shankar) (Retd)	Medicine DM-III (Acute Complications) (Dr Sumit Arora)	-do-		Obst & Gynae OG 14.7 Define, classify and describe the aetiology, pathogenesis, clinical features, ultrasonography, differential diagnosis and management of antepartum haemorrhage in pregnancy-2. (Dr SK Gulati)	Medicine Dementia (Maj Mohanapriya)
Friday 27 Feb 2026	Surgery Congenital anomalies of genitourinary system. (SU29.2) (Dr Charu Kant Singh)	Medicine Endocrine Test (Dr Charu Mohan & Dr Sumit Arora)	-do-		Medicine Immunobullous disorder of skin (Surg Lt Cdr Avinash Sai)	Paediatrics PE 30.12 Enumerate the causes of floppiness in an infant and discuss the clinical features, differential diagnosis and management. (Dr Milind R . Shinde)
Saturday 28 Feb 2026	Obst & Gynae OG 12.4 Define, classify and describe the etiology, pathophysiology, diagnosis, investigations, criteria, adverse effects on the mother and foetus and the management during pregnancy and labor, and complications of heart diseases in pregnancy-1. (Lt Col Souvik Nandy)	Medicine DM-IV (Chronic Complications) (SqdrLdr Maninder Pal singh)	-do-		Medicine AETCOM MODULE 4.8 : Dealing with death. (Dr Charu Mohan)	

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Est Branch, Boy's Hostel & Girls Hostel, Department of Surgery, Dept of Obst & Gynae, Dept of Community Medicine, Dept of FMT, Ophthalmology, Paediatrics, Orthopaedics, Dept of Medicine, IT Cell, **Harvey Hall**


 (Dr Jesy Varghese)
 Wg Cdr (Retd)
 OIC Academics & Trg

ARMY COLLEGE OF MEDICAL SCIENCES
WEEKLY TRG PROGRAMME: MBBS -3RD PROF PART I (2023 BATCH
(FROM 01 SEP 2025 TO 31 AUG 2026)

Day & Date	Time					
	0830h – 0930h	0930h- 1030h	1030h-1330h	1330h-1400h	1400h-1500h	1500h-1600h
Monday 23 Feb 2026	} ELECTIVES					
Tuesday 24 Feb 2026						
Wednesday 25 Feb 2026						
Thursday 26 Feb 2026						
Friday 27 Feb 2026						
Saturday 28 Feb 2026						

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Est Branch, Boy's Hostel & Girls Hostel, Department of Microbiology, Pathology, Pharmacology, Dept of Medicine, Dept of FMT, Dept of Surgery, IT Cell.


 (Dr Jésy Varghese)
 Wg Cdr (Retd)
 OIC Academics & Trg

ARMY COLLEGE OF MEDICAL SCIENCES
2ND PROFESSIONAL 2024 BATCH: WEEKLY TRAINING PROGRAMME
(01 OCT 2025 TO SEP 2026)

Day & Date	Time							
	0830h – 0930h	0930h - 1030h	1030h-1330h	1330h-1400h		1400h- 1500h	1500h- 1600h	
Monday 23 Feb 2026	Pathology PA-25.5 Occupational Lung diseases-I (Dr Sharmila Dudani)	Pharmacology PH 2.2 (2) Cholinergic 1/3 (Dr S Pradhan)	Clinics As per Clinical Roster	LUNCH		Microbiology MI 7.2.8, 7.3.6 & 9.2.3 Aspergillosis & Pneumocystis jirovecii (L) (Dr Anuradha Makkar)	Microbiology MI 7.2.7 & 7.3.5 Paramyxoviruses (L) (Dr. Swati Jain)	
Tuesday 24 Feb 2026	Pharmacology PH 9.7 Glaucoma (Lt Col Vikas Yadav)	Microbiology MI 7.1.6, 7.2.5 & 9.2.2 Zygomycosis (L) (Dr Anuradha Makkar)	-do-			Microbiology MI 7.2.4 Atypical pneumonia (SDL) (Dr. Preeti Badhan)	Community Medicine Covid 19 (Dr Suruchi)	
Wednesday 25 Feb 2026	Pathology PA- 25.5 Occupational Lung diseases-II (Dr Sharmila Dudani)	Medicine Malaria 1 (Dr Charu Mohan)	-do-			FMT FM 14.4 Age Estimation Certificate (Dental Examination) (Ms Natasha Yadav)	Obst & Gynae OG 2.1 Describe and discuss the development and anatomy of the female reproductive tract, relationship to other pelvic organs, applied anatomy as related to Obstetrics and Gynaecology. (Dr Pooja)	
Thursday 26 Feb 2026	Pharmacology PH 2.2 (2) Cholinergic 2/3 (Dr S Pradhan)	Pathology PA 25.6 Lung Tumors-I (Dr Sharmila Dudani)	-do-			Pharmacology PH 2.2 (2) Cholinergic 3/3 (Dr S Pradhan)	Pharmacology Prescription Writing : Cholinergic (Mr Fadil Salmani)	
Friday 27 Feb 2026	FMT FM 5.1, 5.2 Mechanical Injuries (Lt Col Yasho Chaturvedi)	Pathology PA 25.6 Lung Tumors-II (Dr Sharmila Dudani)	-do-			Pathology DOAP- Lung Specimens (All Faculty)		
Saturday 28 Feb 2026	Microbiology Integrated Session MI 5.5 Leprosy (SGD) (Dr. Preeti Badhan)	Pharmacology PH 8.7 Anti malarial drugs (Dr Novy Gupte)	Microbiology (1030-1110h) Integrated Session Clinical Presentation & Treatment (Leprosy) (Dr. Neha) (Dept of Dermatology)	Microbiology (1110h-1150h) Integrated Session National Leprosy Eradication Programme. (Dr Thamizhanban) (Community Medicine)	Microbiology (1150h-1240h) Batch B - MI 1.5.4.1 Fungal Culture (Demonstration) (Batches will be interchanged) (Dr Anuradha Makkar & Dr. Jagdeepak Gill)	Microbiology (1240-1330h) Batch A - MI 1.10.4.1 ZN Stain (P) (Batches will be interchanged) (Dr. Swati Jain Dr. Preeti Badhan)	1330h-1400h LUNCH	Pharmacology (1400h-1600h) Sports (Mr Fadil Salmani)

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 (Dr Jesy Varghese)
 Wg Cdr (Retd)
 OIC Academics & Trg

ARMY COLLEGE OF MEDICAL SCIENCES
1ST PROFESSIONAL 2025 BATCH: WEEKLY TRAINING PROGRAMME
(08 OCT 2025 TO AUG 2026)

Day & Date	Time					
	0830h –1030h	1030h-1130h	1130H-1230H	1230h-1330h	1330h-1415h	1415h-1600h
Monday 23 Feb 2026	<u>Biochemistry</u> BC14.11 Perform estimation of serum proteins. (Batch B) (Dr Deepika Sharma/All Faculty) <u>Physiology</u> Mosso's Ergography(PY- 3.11) BATCH A1 Clinical Examination of Cardiovascular (PY-5.16) BATCH A2 (Dr Gladia & Dr Ritu Sharma)	<u>Biochemistry</u> BC4.4 Describe metabolism of Triglycerides and cholesterol metabolism along with its regulation and clinical significance. (Lt Col Kapil Bhatia)	<u>Physiology</u> Cardiac Output II (Py-5.10) (Dr. Navpreet Mann)	<u>Anatomy</u> Lec: Jejunum, ileum & difference between small intestine & large intestine(AN47.5) (Dr Parul Upadhayay)	LUNCH	<u>Anatomy</u> DH: Caecum & Appendix (AN47.5) (All Faculty)
Tuesday 24 Feb 2026	<u>Anatomy</u> Demo: Embryo Models (AN25.4-6) – Batch A (Dr Parul Upadhayay & Ms Kajol) <u>Physiology</u> Mosso's Ergography (PY- 3.11) BATCH B1 Clinical Examination of Cardiovascular (PY-5.16) BATCH B2 (- Dr Gladia & Dr Ritu Sharma)	<u>Anatomy</u> Lec: Pancreas (AN47.5) (Dr Nikhil Aggarwal)	<u>Physiology</u> Cardiac Output III (Py-5.10) (Dr. Navpreet Mann)	<u>Biochemistry</u> BC4.4 Describe metabolism of Triglycerides and cholesterol metabolism along with its regulation and clinical significance. (Lt Col Kapil Bhatia)		<u>Anatomy</u> DH: Pancreas (AN47.5) (All Faculty)
Wednesday 25 Feb 2026	<u>Anatomy</u> Demo: Embryo Models (AN25.4-6) – Batch B (Dr Parul Upadhayay & Ms. Rafia Sultana) <u>Biochemistry</u> BC14.11 Perform estimation of serum proteins, (Batch A) (Dr Deepika Sharma All Faculty)	<u>Physiology</u> SEMINAR- Regulation Of Respiration (Roll No- 21-25) (All Faculty)	<u>Physiology</u> Respiratory physiology –High Altitude (PY-6.8) (Dr Ritu Sharma)	<u>Anatomy</u> Lec (Histo) : Jejunum & ileum (AN52.1) (Dr Nikhil Aggarwal)		<u>Physiology</u> Demonstration- Respiratory System Examination (Dr Gladia)
Thursday 26 Feb 2026	<u>Anatomy</u> DH: Liver (AN 47.5) (All Faculty)	<u>Community Medicine</u> FAP Visit B (Dr Jyothi & Dr Shivangi) <u>Biochemistry</u> ECE – Renal function test (RFT), Nephrotic syndrome, Renal diseases (Batch A) (Dr Kusum Singla)				<u>Anatomy</u> Histo : Jejunum & ileum (AN52.1) – Batch B (Ms. Rafia Sultana, Ms Kajol & Dr Devika Agnihotri) <u>Biochemistry</u> SDL BC 3.1 - 3.6 & 8.6 Carbohydrates Metabolism & Fat Soluble Vitamins (Batch A) (Dr Richa Dixit)

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	0830h –1030h	1030h-1130h	1130H-1230H	1230h-1330h	1330h-1415h	1415h-1600h
Friday 27 Feb 2026	Anatomy DH: Seminar –Stomach (AN47.5) (Roll No 16-20) & Duodenum (AN47.5) (Roll No 21-25) (All Faculty)	Physiology Cardiac Output SDL (Py-5.10) (Dr. Navpreet Mann)	Anatomy Lec: Liver – I (47.5-6) (Dr Devika Agnihotri)	Anatomy Lec (Embryo) : Development of CVS (contd) (AN25.3-6) (Dr Shaifaly M Rustagi)	LUNCH	Anatomy Histo : Jejunum & ileum (AN52.1) – Batch A (Ms. Rafia Sultana, Ms Kajol & Dr Nikhil Aggarwal) Physiology Mosso's Ergography (PY- 3.11) BATCH B2 Clinical Examination of Cardiovascular (PY-5.16) BATCH B1 (Dr Gladia & Dr Ritu Sharma)
Saturday 28 Feb 2026	Physiology Mosso's Ergography (PY- 3.11) BATCH A2 Clinical Examination of Cardiovascular (PY-5.16) BATCH A1 (- Dr Gladia & Dr Ritu Sharma) Biochemistry SDL BC 3.1 - 3.6 & 8.6 Carbohydrates Metabolism & Fat Soluble Vitamins (Batch B) (Dr Richa Dixit)	Biochemistry Test : Carbohydrates Metabolism & Fat Soluble Vitamins (Dr Kusum Singla / Dr Deepika Sharma)	Physiology Mechanism of Hormone Action (PY-8.1) (Col Raksha Jaipurkar)	Anatomy Lec: Liver – II (AN47.5-6) (Dr Devika Agnihotri)		Community Medicine Preclinical Exercise Health Communication (Dr Thamizhanban)

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Est Branch, Boy's Hostel & Girls Hostel, Dept of Anatomy, Department of Biochemistry, Dept of Physiology, Dept of Community Medicine, IT Cell , **PASTEUR HALL & (Saturday 1415h to 1600H ACMS AUDITORIUM)**


(Dr Jesy Varghese)
Wg Cdr (Retd)
OIC Academics & Trg